

MK-677 Human Clinical Trials – Summary Table

Study	Population	Dose	Duration	GH/IGF-1	Adverse Events
Walker et al., 1998	Older adults	25 mg/day	12 mo	↑ GH/IGF-1	↑ Glucose
Nass et al., 2008	Elderly	25 mg/day	12 mo	↑ Lean mass	No strength gain
PMC6240568	Rat model	10 mg/kg	6 wks	Desensitisation	N/A